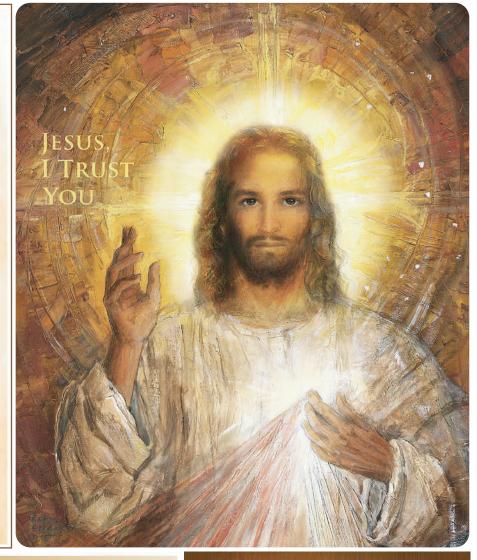
# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

**Prayer of Entrustment** to the Divine Mercy O Lord, our God, we place our trust in You, because You are mercy itself. We repent our sins and turn to You for mercy. We trust You to provide for our every need, according to Your will. Help us to forgive others as You forgive us. We promise to be merciful by our deeds, words and prayers. We entrust to You the future of our world, Church, families and all our needs. With loud cries we implore Your mercy on us and the whole world. Amen.





Thoughts of Blessed Francis Jordan Carry on your spiritual dialogue with the Saviour. Sit, at His feet, humble and docile, and attend to His words. A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -Sacred Heart Church and Maria Regina Church

### SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR April For The Role of Women Let us pray that the dignity and worth of women be recognised in every culture, and for an end to the discrimination they face in various parts of the world.

# **MASS TIMES**

### SACRED HEART CHURCH 1 Keenan Street, Mona Vale

### WEEKDAY MASSES

Tuesday 9.30am **Exposition of the Blessed Sacrament**, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass Wednesday 9.30am Thursday 7pm Exposition of the **Blessed Sacrament**, Adoration, Reconciliation and Benediction from 7.30pm to 9pm Friday 9.30am First Friday of the Month, **Exposition of the Blessed Sacrament**, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES Saturday Vigil 5.00pm Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION 4.00pm to 4.30pm Saturday

Baptism 4th Sunday - 11.30am

MARIA REGINA CHURCH 7 Central Road, Avalon

WEEKDAY MASSES Monday 8am Wednesday 8am Thursday 10am 9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES Saturday Vigil 6.00pm Sunday 9.00am

RECONCILIATION Before Vigil Mass on Saturday BAPTISM 3rd Sunday - 11.00am We Pray for Recently Deceased Irma Brajkovich Ilka Spadina-Kretic

May their Souls and the Souls of the Faithful Departed, Through the Mercy of God, Rest in Peace, Amen.

Deceased Anniversary Lujka Spadina-Kretic Mate Spadina-Kretic

# **Prayer for the** Sick

Anna Śmigowska Nick Moullakis **Bill Evre** Brian Gregan Marcia Bailey **Bec Burroughs** Margaret De Landre Matt Ukishima Sean O'Sullivan Maureen Larios **Denise Wagner** Marco Sangiacamo **Elaine Boyes Pauline Chipman Brian** Cranch Sheila Upjohn Anna Svetlana Leonor Sofia Xi **Mother Pauline** George

# **BOOK REVIEW**

The Contemplative Way of Prayer By: Robert Faricy SJ and

Lucy Rooney SND



It offers a way of knowing God more profoundly and of loving Him more deeply. For all who hunger, it brings the Bread of Life.

We can make our plans, but the Lord determines our steps. Proverbs 16:20

# Liturgy for the Week

08/04	Monday, The Annunciation of the Lord Is 7:10-14, 8:10; Lk 1:26-38
09/04	Tuesday, 2nd Week of Easter Acts 4:32-37; Jn 3:7-15
10/04	Wednesday, 2nd Week of Easter Acts 5:17-26; Jn 3:16-21
11/04	Thursday, St Stanislaus Acts 5:27-33; Jn 3:31-36
12/04	Friday, 2nd Week of Easter Acts 5:34-42; Jn 6:1-15
13/04	Saturday, 2nd Week of Easter Acts 6:1-7; Jn 6:16-21

# <u>Scan to</u> <u>Give to our</u> <u>Parish of</u> <u>Pittwater</u>

**Cashless Fast Secure** 



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly,monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



OJECT If y DMPASSION ALL FUTURE GENERATIONS

Thank you for your continued support for Project Compassion. If you still have your boxes or set of envelopes at home, please bring them back to the Church or Parish office.

# Update from the Sacramental Coordinator Over the last two weeks, over 140 children celebrated their First Reconciliation at the Parish



Sacrament of Confirmation Maria Regina Church, Avalon Saturday, 22 June 2024 at 6:00 pm

or Sacred Heart Church, Mona Vale **Sunday, 23 June 2024** at 10:00 am and 12 noon Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised. They should also reside within the Catholic Parish of Pittwater catchment area. For more information about the requirements, the preparation program, enrolments, etc., you MUST ATTEND ONE of the following Parent Information & Commitment Sessions which will take place at 7:30 pm: Thursday, 2 May - Maria Regina Church, Avalon Monday, 6 May - Sacred Heart Church, Mona Vale If you have any questions, or would like to become a facilitator of your child's preparation group please contact Sonia at sacraments@pittwaterparish.org

# **Pastoral Discernment Northern Beaches**

Bishop Anthony invites the community of the Northern Beaches to engage in a regional Pastoral Discernment Project. Our regional is a synodal process, a shared discernment about our Mission to bring the Good News of Jesus Christ to the world. Throughout this project, there will many and varied opportunities for the community of the Northern Beaches to engage richly in conversation and to listen to diverse experiences of life from each other, as we journey forward together guided by the Holy Spirit.

Join us for an hour online Briefing Circle on 9 April. At this online gathering, participants will learn more about the project and ways in which you can participate, you will also be provided with the opportunity to ask questions and share your hopes.

For more information, please contact Patti Beattie at PDNB@bbcatholic.org.au

# **Parish Directory**

Pittwater Parish 1 Keenan Street Mona Vale NSW 2103 Tel 9157 0999

Parish Priest Fr Richard Sadowski SDS Tel 9157 0999 ext 10 pp@pittwaterparish.org

### Assistant Priest Fr Zygmunt Smigowski SDS Tel 9157 0999 ext 12 ap@pittwaterparish.org

Parish Secretary Belinda Cimino Tel 9157 0999 ext 30 office@pittwaterparish.org

Administrative Assistant Shereae Knight Tel 9157 0999 ext 30 office@pittwaterparish.org

Director of Music Josh Willard Tel 9157 0999 ext 17 music@pittwaterparish.org

Media & Communications Coordinator Conille Felias Tel 9157 0999 ext 31 media@pittwaterparish.org

Sacramental Coordinator Sonia Samartin Tel 9157 0999 ext 13 sacraments@pittwaterparish.org

CCD Catechist Coordinators Maureen Wooldridge Mobile 0421 907 469 Veronica Thomas Mobile 0417 061 534

Sacred Heart Church 1 Keenan Street Mona Vale Maria Regina Church 7 Central Road Avalon

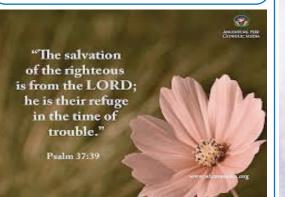
MONA VALE Sacred Heart School Tel 8197 6900 Principal: Mr Jamie Wahab

AVALON Maria Regina School Tel 7256 2138 Principal: Ms Kirsty Thorpe

WARRIEWOOD Mater Maria Catholic College Tel 7256 2100 Principal: Mr Marc Reicher Welcome to Pittwater Parish Bennett Gray Campbell Olivia Lane Campbell Molly James Campbell Vittoria Rose Taraborrelli

at Maria Regina Church Avalon on the 17th of March 2024 for the Sacrament of Baptism

Imogen Mareah Eldridge **Austin Robert Anthony** Wells **Kyah Lee Ducker Charlotte Louise Oxenham Jack Patrick Loftus Eliza Rose Loftus** Johnny Boyd Lawler **Billy Mark Lawler Brooklyn Fox McAllister** Levi Collings McAllister Alfie George Kavo Lennox George Kavo at Sacred Heart Church Mona Vale on the 24th of March 2024 for the Sacrament of **Baptism** 



# ST PATRICK'S PARISH REFLECTION DAY FOR YOUNG MEN

# 20 APRIL 2024

Shrine of JPII - 58 Victoria Street, East Gosford 9:00AM - 2:00PM

ORGANISED BY SALVATORIAN FATHERS

**PRAYER - COMPANIONSHIP - REFLECTION** 





## SERRA VOCATIONS MASS AND DINNER MEETING

Fr Aldrin Valdehueza, Assistant Priest at Epping/Carlingford Parish and Serra Chaplain will be celebrating Mass for Serra at **Sacred Heart**, **2 Richard Porter Way, Pymble** on **Thursday, 18th April 2024**. There is plenty of parking available in the Parish carpark.

The evening commences with Mass at 6.00 PM followed by a light meal and a short meeting. Following the meeting Father Aldrin will be our guest speaker, his topic will be "What is a Church?".

Everyone is welcome. Please "come and see".

Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians, and novices and for the perseverance of existing vocations.

For catering purposes kindly call Henry or Anna Leung on 0478 083 116 or email henrywk@yahoo.com.au or ring Terry Scanlan on 0438 887 295 or email terry\_scanlan@bigpond.com if you are planning to attend.



# Parish Bulletin Term 1, Week 9

This week at Mater Maria has been eventful, despite the shorter week due to Easter Monday and a Staff Development Day on Tuesday.

Sport has been a highlight, with our Year 10 students participating in a biathlon on Mona Vale beach, engaging in various fitness testing sessions. Also, five of our talented swimmers represented Mater Maria in the NSWCCC following their outstanding performances at the recent Broken Bay Swimming Championships. Notably, one student was named Age Champion of Broken Bay for the U12 category, while another set two records at the carnival. Basketball competitions have also been ongoing throughout the week.

Our Year 10 Visual Arts students embarked on an enriching excursion to the City, visiting Manly Gallery, the Art Gallery of NSW and experiencing the Biennale of Sydney at White Bay Power Station. They had the opportunity to explore various exhibitions, including Art Express.

Exciting Pathways and Partnerships excursions have taken place as well. Ausgrid presented their comprehensive apprenticeship program, Bright Spark, to our Year 10, 11 and 12 students, while Seir Beauty provided insights into entering the beauty industry.

For prospective students, applications for Year 7 in 2026 and 2027 are now open. There is a waitlist for students in Year 6 transitioning to Year 7 in 2025, as well as for all other year groups in 2024. To learn more or submit an application, please visit our College website at

www.matermaria.nsw.edu.au/enrolments.

Please note that applications for Year 7 in 2026 will be closing soon on Friday 12 April, 2024.





CatholicCare Discuss of Brinds Day VOLUNTEERS NEEDED AGED CARE VOLUNTEER VISITORS SCHEMI www.catholiccaredbb.org.au/volunteer

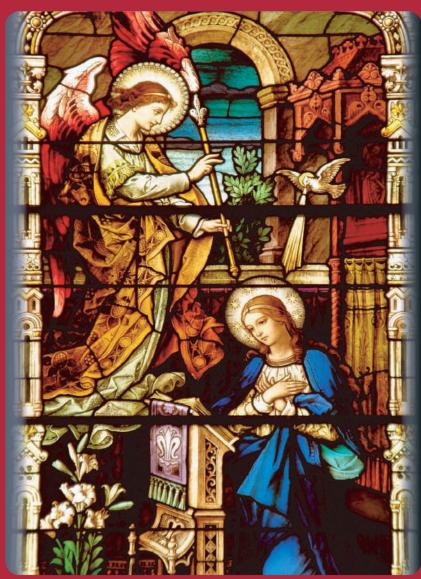
> God loves each of us as if there were only one of us. - St Augustine

# GOD HAS A PLAN. TRUST IT, LIVE IT, ENJOY IT.

### Divine Mercy 3 O'Clock Prayer St Faustina Kowalska (1905–1938)

You expired, O Jesus but the source of life gushed forth for souls and an ocean of mercy opened up for the whole world. O Fount of Life. unfathomable Divine Mercy, envelop the whole world and empty Yourselfout upon us. O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You. Anastran (19 Amen.





Golemnity of the Annunciation of the Lord 8th of April

We Welcome to Pittwater Parish Benjamin Robert Johnston for the Sacraments of Baptism, Confirmation and Holy Eucharist

> Flynn William Johnston Jett Benjamin Johnston Zoe Mae Johnston for the Sacrament of Baptism

Louise Helen Calver for the Sacraments of Confirmation and Holy Eucharist

on Easter Vigil, Saturday, 30th of March 2024 at Sacred Heart Church, Mona Vale









# How to pray the Divine Mercy Chaplet

 Make the sign of the cross.

# 2. Opening prayer:

You expired Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You! (3 times)

# 3. Our Father

# 4. Hail Mary

- 5. Apostles Creed
- On each of the 5 large "Our Father" beads pray:

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world. 7. On each of the 10 "Hail Mary" beads, pray:

> For the sake of His sorrowful Passion, have mercy on us and on the whole world.

# 8. Concluding prayer:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. (3 times)

# 9. Closing Prayer:

Eternal God, in Whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments, we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.

# Have faith and you will be blessed 2nd Sunday of Easter, Year B A week after Jesus died he appeared to his disciples. They were very happy to see him. Draw the risen Jesus. Thomas had doubts about Jesus being alive. He wanted to see Jesus' hands and side before he would believe that Jesus had come back to life. Re-arrange the tiles to discover the important message Jesus gave to Thomas. they believe. those who h Blessed are ave not seen me and yet What are some things in today's world that show us that Jesus' spirit is with us? Circle the correct answers and add some of your own. poverty war people sharing people who love us the Church selfishness



As a person, as a country, as a world, do we not need God's mercy more and more in these times? For the sake of our souls, can we afford not to listen to what Jesus told us through St. Faustina about his mercy and what our response to if should be?

Pope Benedict told us "It is a really central message for our time: Mercy as the force of God, as the divine limit against the evil of the world."

Let's remind ourselves right now. Or learn the highlights for the first time. Divine Mercy Sunday is the perfect day to start listening to what Jesus himself tells us:

(1) "I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the fount of My mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which grace flow are opened. Let no soul fear to draw near to Me, even though its sins be as scarlet." —St. Faustina's *Diary 699* (Note: confession does not have to be done on the Sunday itself. Beforehand is fine.)

(2) "Mankind will not have peace until it turns with trust to My Mercy." — *Diary 300* 

(3) "Let all mankind recognise My unfathomable mercy. It is a sign for the end times; after it will come the day of justice." *Diary 848* 

(4) "He who refuses to pass through the door of My mercy must pass through the door of My justice ..." *Diary 1146* 

(5) "Souls perish in spite of My bitter Passion. I am giving them the last hope of salvation; that is, the Feast of My Mercy. If they will not adore My mercy, they will perish for all eternity." *Diary 965* 

(6) "My Heart overflows with great mercy for souls, and especially for poor sinners. If only they could understand that I am the best of Fathers to them and that it is for them that the Blood and Water flowed from My Heart as from a fount overflowing with mercy." *Diary 367* 

(7) "These rays shield souls from the

#### wrath of My Father. Happy is the one who will dwell in their shelter, for the just hand of God shall not lay hold of him. I desire that the first Sunday after Easter be the Feast of Mercy." *Diary 299*

(8) "My daughter, write that the greater the misery of a soul, the greater its right to My mercy; [urge] all souls to trust in the unfathomable abyss of My mercy, because I want to save them all. *Diary 1182* 

(9) "The greater the sinner, the greater the right he has to My mercy. My mercy is confirmed in every work of My hands. He who trusts in My mercy will not perish, for all his affairs are Mine, and his enemies will be shattered at the base of My footstool." *Diary 723* 

(10) "[Let] the greatest sinners place their trust in My mercy. They have the right before others to trust in the abyss of My mercy. My daughter, write about My mercy towards tormented souls. Souls that make an appeal to My mercy delight Me. To such souls I grant even more graces than they ask. I cannot punish even the greatest sinner if he makes an appeal to My compassion, but on the contrary, I justify him in My unfathomable and inscrutable mercy." *Diary 1146* 

(11) "I want to grant a complete pardon to the souls that will go to Confession and receive Holy Communion on the Feast of My mercy." *Diary 1109* 

(12) "I desire trust from My creatures. Encourage souls to place great trust in My fathomless mercy. Let the weak, sinful soul have no fear to approach Me, for even if it had more sins than there are grains of sand in the world, all would be drowned in the unmeasurable depths of My mercy." *Diary 1059* 

(13) "I demand the worship of My mercy through the solemn celebration of the Feast and through the veneration of the image which is painted. By means of this image I shall grant many graces to souls. It is to be a reminder of the demands of My mercy, because even the strongest faith is of no avail without works." *Diary 742* 

(14) "Tell [all people], My daughter, that I am Love and Mercy itself. When a soul approaches Me with trust, I fill it with such an abundance of graces that it

# <u>17 Things Jesus Revealed to</u> <u>St. Faustina About Divine Mercy</u>

Divine Mercy Sunday is the perfect day to start listening to what Jesus himself tells us.

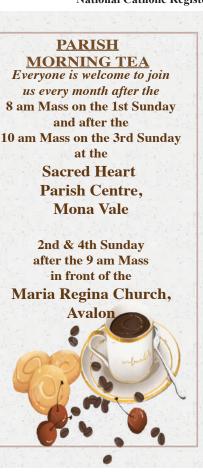
cannot contain within itself, but radiates them to other souls." *Diary 1074* 

(15) "I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature: 'Jesus, I trust in You.'" *Diary 327* 

(16) "I promise that the soul that will venerate this image will not perish. I also promise victory over [its] enemies already here on earth, especially at the hour of death. I Myself will defend it as My own glory." *Diary 48* 

(17) "Souls who spread the honor of My mercy I shield through their entire lives as a tender mother her infant, and at the hour of death I will not be a Judge for them, but the Merciful Savior. At that last hour, a soul has nothing with which to defend itself except My mercy. Happy is the soul that during its lifetime immersed itself in the Fountain of Mercy, because justice will have no hold on it." *Diary 1075* 

By: Joseph Pronechen-National Catholic Register



# The *Living* Word

**Entrance Antiphon** 

1 Peter 2:2

Like newborn infants, you must long for the pure, spiritual milk, that in him you may grow to salvation, alleluia.

### **First Reading**

Acts of the Apostles 4:32-35 A reading from the Acts of the Apostles Give thanks to the Lord for he is good,

his love is everlasting.

The whole group of believers was united, heart and soul; no one claimed for his own use anything that he had, as everything they owned was held in

common. The apostles continued to testify to the resurrection of the Lord Jesus with great power, and they were all given great respect.

None of their members was ever in want, as all those who owned land or houses would sell them, and bring the money from them, to present it to the apostles; it was then distributed to any members who might be in need.

The word of the Lord

#### **Responsorial Psalm** Ps 117:2-4. 15-18. 22-24. R. v.1 (R.) Give thanks to the Lord for he is good, his love is everlasting.

Let the sons of Israel say: 'His love has no end." Let the sons of Aaron say: 'His love has no end.' Let those who fear the Lord say: 'His love has no end.'(**R**.)

The Lord's right hand has triumphed; his right hand raised me up. I shall not die, I shall live and recount his deeds. I was punished, I was punished by the Lord, but not doomed to die. (R.)

The stone which the builders rejected has become the corner stone. This is the work of the Lord. a marvel in our eyes. This day was made by the Lord; we rejoice and are glad. R.)

#### Second Reading 1 John 5:1-6 A reading from the first letter of St John

Anyone begotten by God has already overcome the world.

Whoever believes that Jesus is the Christ has been begotten by God; and whoever loves the Father that begot him loves the child whom he begets. We can be sure that we love God's children if we love God himself and do what he has commanded us; this is what loving God is keeping his commandments; and his commandments are not difficult, because anyone who has been begotten by God has already overcome the world;

this is the victory over the world – our faith. Who can overcome the world? Only the man who believes that Jesus is the Son of God; Jesus Christ who came by water and blood, not with water only, but with water and blood; with the Spirit as another witness since the Spirit is the truth.

### The word of the Lord.

**Gospel Acclamation** John 20:29

Alleluia, alleluia!

You believe in me, Thomas, because you have seen me; happy are those who have not seen me, but still believe!

Alleluia!

#### Gospel John 20:19-31 A reading from the holy Gospel according to John

among them.

day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.' 'As the Father sent me, so am I sending you.' After saying this he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.' Thomas, called the Twin, who was one of the Twelve, was not with them when Jesus came. When the disciples said, 'We have seen the Lord', he answered, 'Unless I see the holes that the nails made in his hands and can put my finger into the holes they made, and unless I can put my hand into his side, I refuse to believe.' Eight days later the disciples were in the house again and Thomas was with them. The doors were closed, but Jesus came in and stood among them. 'Peace be with you' he said. Then he spoke to Thomas, 'Put your finger here; look, here are my hands. Give me your hand; put it into my side. Doubt no longer but believe.' Thomas replied, 'My Lord and my God!' Jesus said to him: 'You believe because you can see me. Happy are those who have not seen and yet believe.'

There were many other signs that Jesus worked and the disciples saw, but they are not recorded in this book. These are recorded so that you may believe that Jesus is the Christ, the Son of God, and

that believing this you may have life through his name.

### The Gospel of the Lord

**Communion Antiphon** John 20:27

Bring your hand and feel the place of the nails, and do not be unbelieving but believing, alleluia.

REFLECTION by Dianne Bergant CSA

Today we consider the presence of the Risen Lord. Where is he found? Each of the readings offers an answer to this question. The Risen Christ is found in the community of believers who follow the example of Jesus. Even non-believers recognised something marvellously different about the Christian community, and they exclaimed: These Christians, see how they love one another. The Risen Christ is found in those who accept the truth of the resurrection on the word of others. The word of God preached by others has often brought us out of darkness into light, from the stranglehold of death to the birth of new life. The preaching of the disciples has been not only instructive, it has also been transformative.

The Risen Christ is found in the forgiveness of sin. Jesus made the frightened disciples ministers of divine forgiveness. The Spirit reconciles sinners with God and, thereby, with the rest of the believing community. Forgiveness is a tangible sign of Christ's mystical presence.

The Risen Christ is found in the physical manifestation of Christ's own wounds, the wounds that he offered to be touched. Since the community is the body of Christ, we touch the wounds of Christ when we touch the wounds of the community, when we go out to the sick and infirm, the dispossessed and the violated. As shocking as these wounds may appear, they are really glorious, because the Risen Lord has identified with them and has made them his own. © Dianne Bergant CSA

Trust in the Lord

with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. -Proverbs 3:5-6

After eight days, Jesus came in and stood

In the evening of that same day, the first



I have called you to renew and rebuild.

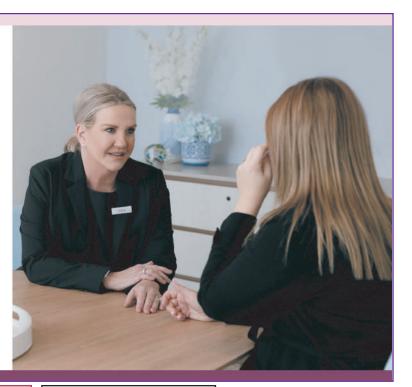


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